

Missing Frames – Life After Wraparound (Part 2)

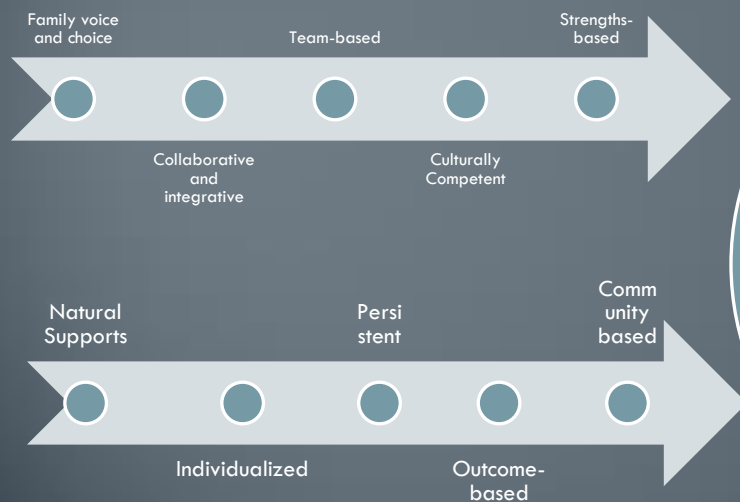
**Work Toward
Healing/Health/Wellness
The Individualized Service Plan**

What is Wraparound

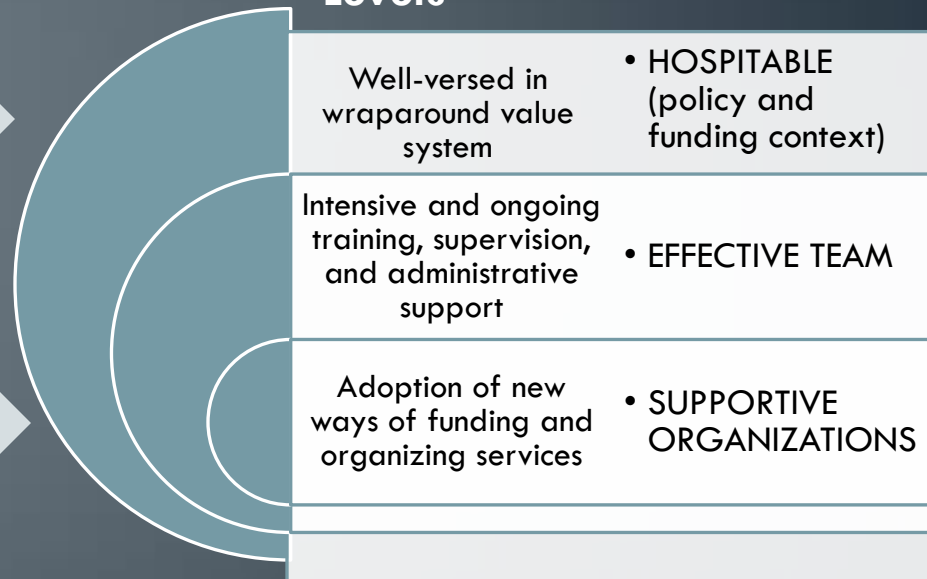
Wraparound is an intensive, holistic method of engaging with individuals with complex needs (most typically children, youth, and their families) so that they can live in their homes and communities and realize their hopes and dreams.

Source: Suter, J.C. & Bruns, E.J. (2009). Effects of Wraparound from a meta-analysis of controlled studies. *Clinical Child and Family Psychology Review*, 12, 336-351.

Wraparound Values and Principles



Effective Wraparound Teams Require Support at the Organizational and System Levels



Key source: Bruns, E. (2008). Measuring wraparound fidelity. In E. J. Bruns & J. S. Walker (Eds.), *The resource guide to wraparound*. Portland, OR: National Wraparound Initiative, Research and Training Center for Family Support and Children's Mental Health.

LIFE DOMAINS

- Safety/Public Safety
- Physical Health
- Legal
- Social Well Being
- Place to Live
- Transportation
- Spirituality/Culture
- Education
- Work
- Finances
- Emotional/Psychological Health

PHASES OF THE WRAPAROUND PROCESS

PHASE ONE

Engagement & Team Preparation

**Crisis Plan
Family Vision or
Team Mission**

PHASE TWO

Initial Plan Development

**Family strengths
and needs
Regular team
meetings**

PHASE THREE

Implementation

**Monitor results or
outcomes**

PHASE FOUR

Transition

**Community-based
resources, natural
supports, and
possible formal
services**

- Family voice and choice
- Team-based
- Collaborative and integrative
- Community-Based
- Culturally Competent
- Individualized
- Strengths based
- Natural Supports
- Persistent
- Outcome-based

WRAPAROUND BASICS

The Individualized Service Plan

Engage the family



- Includes family members, neighbors, friends, faith centers, public/private services, wraparound providers.

Create the team



- Plans are designed by a team of people important to the family

Meet Immediate Needs



- The plan is driven by and “owned” by the family and youth
- Strategies in the plan include supports and interventions across multiple life domains and settings (i.e., behavior support plans, school interventions, basic living supports, family supports, help from friends and relatives, etc.)

Listen to Concerns



- Natural supports and unique strengths are emphasized in team and plan development
- Plans include supports for adults, siblings, and family, as well as the “identified youth”

10 Things to Consider...

1. **Deep listening.** Don't think you understand anything from the beginning. Listen from the inside out. What is going on with this person. How do families see it? Try to not let your stuff get in the way.
2. **Be humble.** Present yourself as in service to the family. Treat family with deep respect because families deserve it.'
3. **Be kind.** We want our families to learn to treat themselves with kindness so we model that for them. We treat them warmly with compassion.
4. **Be curious.** Be interested. Ask good questions. Encourage them to open up and share
5. Ask them simple questions like "What do you need? What do you want?" Often we forget to ask these simple questions. Often the family does not know until families are asked.
6. What are their resources? What are their strengths and abilities? How can we incorporate this into our plan?
7. Families are much stronger than families realize. How can we help them see this.'
8. Families have allies families are not effectively using. Who are families? How can families incorporate them into their plan?
9. Families can be a hero in their own adventure. How do we help them to do this?
10. Focus on control. Let go of the past and future. Be present. Open up, watch your thinking and connect with values and move forward toward what is really important.

WRAPAROUND BASICS

Your Assignment

- WATCH THE VIDEO
 - Work with your team sitting at your table
- DISCUSS THE MOST PRESSING NEEDS
- RECORD YOUR IDEAS
 - Use the paper on the wall to develop your plan
- IDENTIFY STRENGTHS of the family, neighbors, friends, professionals
- SELECT ONE NEED
- DEVELOP A STRATEGY
 - For one need
 - Use identified strengths

- THE 7 MINUTE GRAPHIC VIDEO WILL BE SHOWN ONLY IN THE WORKSHOP.

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