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# Planning For Successful Engagement: How Family Centered is Your System of Care?

#### **Access Test**

- 1. The team gives the parent/family adequate time to schedule and attend meetings.
- 2. Families receive verbal, written and face to face notice.
- 3. The system has the capacity to schedule meetings outside of business hours.
- 4. The team is willing and able to accommodate the need for an alternative location if the family requires it.
- 5. All meetings where decisions are being made are scheduled when the parent/family is available.
- 6. Barriers to meeting attendance are addressed by the team i.e. transportation, child care, etc.

### **Voice Test**

- 7. Parents are always present and fully informed of meetings pertaining to their child.
- 8. Parents are briefed on the nature and intent of the meeting if it is outside of the team venue.
- 9. Parents always have an active voice in the service delivery system.
- 10. Services are tailored to meet the unique needs of the family.
- 11. To the extent possible, parents have a voice in who attends the meeting and sits on their team.

### **Ownership Test**

- 12. Parents are partners in the planning process.
- 13. Parents agree to the plan and confirm it meets their needs.
- 14. Parents specific requests such as when, where, and who delivers services are accounted for.
- 15. Meetings about the family do not occur without the family present.

## **Community Test**

- 16. Services are provided in the least restrictive setting, as close to home as possible.
- 17. Transition planning begins early in the planning process.
- 18. The team addresses continuity of care.
- 19. Youth participate in and receive transition plans when reintegrating back to the community.
- 20. Families receive planned respite and alumni services through former placements providers, natural supports, and home based mentors.
- 21. Community services are flexible and responsive.
- 22. Community linkages and natural supports are evident and present in the planning process.

# **Strength Based- Needs Driven Test**

- 23. The family's vision is clear to all.
- 24. The strengths of the family are outlined for the team.
- 25. The family's identified needs drive services.
- 26. Plans are tailored to the strengths and needs of the family.
- 27. A menu of services and supports are presented to the family.
- 28. Families are not required to fit into one size fits all, categorical services.
- 29. The team is creative and willing to do whatever it takes.

### **Support Test**

- 30. Parents are linked with parent organizations.
- 31. Informal supports and community resources are identified.
- 32. Parents are linked with parent partners.
- 33. Parents are linked with local support networks and groups.
- 34. A parent advisory group exists on all levels of policy and practice.

## **Flexible and Responsive Test**

- 35. Integration exists across systems.
- 36. Families have one well-coordinated plan of care.
- 37. Providers are flexible and responsive to the changing needs of the family.
- 38. Services are available in the evening and on weekends.
- 39. Cross system collaboration and efforts are evident.

#### **Outcome Test**

- 40. The planning process is outcome oriented.
- 41. The environment is blame free.
- 42. Barriers are identified and planned for during the planning process.
- 43. Outcomes are listed in measurable terms.
- 44. Successes and milestones are celebrated.
- 45. Incremental progress is recognized.
- 46. Meetings are not canceled because the family is stable.

### **Culturally Sensitive Test**

- 47. Services are linguistically and culturally compatible. When necessary, services are coordinated with providers who share cultural or traditional norms of the family.
- 48. Cultural and faith based leaders and representatives are welcomed on the team.
- 49. Translated materials are available.
- 50. The team is educated and aware of the unique culture, traditions and norms of the family

Score Key:			
2 Points for yes	-0 Points for no	Score:	

# **Score Rating:**

90-100: Excellent 80-90: Good 70-80: Fair

60-70: Needs Improvement

Below 60: In need of Major Improvement